

James S. Gordon, MD

James S. Gordon, MD, is the Founder and Director of the Center for Mind-Body Medicine in Washington, DC and is a Clinical Professor in the Departments of Psychiatry and Family Medicine at the Georgetown University School of Medicine. Dr. Gordon recently served as Chairman of the [White House Commission on Complementary and Alternative Medicine Policy](#).

He also served as the first Chair of the Program Advisory Council of the National Institutes of Health's Office of Alternative Medicine and is a former member of the Cancer Advisory Panel on Complementary and Alternative Medicine of the NIH.

Dr. Gordon has devoted 30 years to the exploration and practice of mind-body medicine. He is a Harvard Medical School graduate and for ten years was a research psychiatrist at the National Institute of Mental Health. There he developed the first national program for runaway and homeless youth, edited the first comprehensive studies of alternative and holistic medicine, directed the Special Study on Alternative Services for President Carter's Commission on Mental Health, and created a nationwide preceptor-ship program for medical students.

In the years since then, Dr. Gordon has created ground-breaking programs of comprehensive mind-body healing for physicians, medical students and other health professionals; for people with cancer, depression and other chronic illnesses; and for traumatized children and families, and those who serve them, in Bosnia and Kosovo. Dr. Gordon integrates relaxation therapies, hypnosis, meditation, acupuncture, nutrition, herbalist, musculoskeletal manipulation, dance, yoga and physical exercise in his own practice of medicine and psychiatry.

Dr. Gordon's two most recent books are *Comprehensive Cancer Care: Integrating Alternative, Complementary and Conventional Therapies* and *Manifesto for a New Medicine: Your Guide to Healing Partnerships and the Wise Use of Alternative Therapies*. In addition, Dr. Gordon has written or edited nine other books, including the award-winning *Health for the Whole Person*, and more than 120 articles in professional journals and general magazines and newspapers, among them the *American Journal of Psychiatry*, *Psychiatry*, *The American Family Physician*, *The Atlantic Monthly*, *The Washington Post*, and *The New York Times*. He helped develop and write the educational materials for the public television series "*Healing and the Mind with Bill Moyers*".

Dr. Gordon's work has been featured on *Good Morning America*, *The Today Show*, *CNN*, *CBS Sunday Morning*, *FOX News* and *National Public Radio*, as well as in *The Washington Post*, *USA Today*, *Newsweek*, *People*, *Town and Country*, *Hippocrates*, *Psychology Today*, *Vegetarian Times*, *Natural Health*, *Health and Prevention*.