CONTINUING EDUCATION CREDIT

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ACCREDITATION

The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT

The University of Florida College of Medicine designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

REQUESTS

Accommodations for Disabilities or Special Requests, Including Dietary (for live meetings): Please notify the nursing education department a minimum of ten working days prior to the conference so that adequate consideration may be given to your request. Special dietary restrictions should also be submitted in advance.

CANCELLATION POLICY

In the unlikely event the program is cancelled, the organization’s responsibility is limited to a full refund of registration fees.

SPONSORS

- University of Florida Center for Spirituality and Health
- University of Florida College of Nursing
- North Florida Chapter of American Association of Critical Care Nurses
- North Central Florida Organization of Nurse Executives
LOCATION
UF Straughn IFAS Extension Professional Development Center
2142 Shealy Drive, Gainesville, 32611-0225

REGISTRATION
$85   Shands and UF students & Employees
$225   All others

Register online at: https://events.giving.ufandshands.org/nursing

Contact: Shands Nursing Education at 352-265-0185 or email pesatv@shands.ufl.edu for more information.

KEYNOTE SPEAKER
Jean Watson, PhD, RN, AHN-BC, FAAN — internationally renowned theorist, scholar, and author — developed a model of patient care that is recognized worldwide as caring science. Her philosophy of caring is integrated in many hospitals and healthcare systems to guide transformative models of care and healing for patients, their families and nurses. She is the author or co-author of more than 18 books on caring and more than 100 scholarly publications.

Dr. Watson's work focuses on restoring the profound nature of caring and healing in today's healthcare system, while retaining its most precious resource: caring health professionals.

ABOUT CARING SCIENCE
Based on the Theory of Human Caring developed by Jean Watson, PhD, RN, Caring Science is the evolution of the science of nursing which places caring at the center of all activities, decisions, and practices. Recently, it evolved to integrate other theories to further the practice of caring to all disciplines. Caring science theory is underpinned by an ethical, philosophical, and scientific worldview, and extends beyond technology and physical curing alone. Caring science theory offers a framework that embraces and intersects with art, science, humanities, and spirituality, and seeks to develop caring as an ontological and theoretical-philosophical-ethical framework.

The Caritas Processes are caring actions that can be incorporated into the provision of clinical care by health professionals. The processes are utilized by the growing number of educational and health care systems dedicated to transforming their practices, their students, faculty, practitioners, and their systems by implementing new professional practice models.

ABOUT INTEGRATIVE MEDICINE
Integrative medicine “combines mainstream medical therapies and complementary/alternative medicine therapies for which there is some high-quality scientific evidence of safety and effectiveness.” Integrative Medicine is healing-oriented approach to care that takes account of the whole person (body, mind, and spirit), including all aspects of lifestyle. It emphasizes the therapeutic relationship and makes use of all appropriate therapies, both conventional and alternative.

TARGET AUDIENCE
Registered nurses, physicians, social workers, licensed mental health professionals

AGENDA
7:30 am   Registration & Continental Breakfast
8:00 am   Welcome & Introductions
8:15 am   Heart-Centering & Caring Moments
Jean Watson, PhD, RN, HNC, FAAN
9:45 am   Caring Theory, Philosophy & Science –
Jean Watson, PhD, RN, HNC, FAAN
12:15 pm Lunch (Boxed Lunch provided)
1:00 pm   Caritas Processes: Translating & Applying to
Personal & Professional Practices
Mary Rockwood Lane, PhD, RN, FAAN
2:00 pm   Integrative Medicine Overview and Application
Sarah Rausch, PhD
3:00-4:15 pm   Caring Science and Integrative Medicine in
Practice – A Panel Discussion
David Feller, MD, Helen Welsh, BSN, RN,
Tammy Barnard, M.Ed., RYT, Dawn Grinenko, MD
4:15-4:30 pm Evaluation

OBJECTIVES:
- Discuss the differences between Human Caring Theory/Science Model and Customer Service/ Industrialized/Medical Models.
- Describe the core concepts of Human Caring Theory/Science.
- Demonstrate the use of the core concepts of human caring theory/science in personal and professional environments.
- Create new ways of using caring-healing modalities in daily work with patients, families/loved ones, self and others.
- Articulate the basic components of the Integrative Medicine approach.
- Determine the patient care implications of Integrative Medicine and the system changes required to implement an Integrative Medicine program.
- Evaluate the diverse views of health care practitioners who work within the Integrative Medicine scope.